

Integrity Lesson 1

Integrity is a fancy way of saying that a person has goodness in them. A person who has integrity shows all who know him that he (or she) will do the right thing no matter what the cost. There are many ways to show we have integrity. Our parents teach us how. To have integrity our parents (or grand-parents) tell us things like “ study your school work” , “don’t cheat or look at other peoples paper” “behave in the store while they are shopping or don’t talk back to your elders”.

We are told about how to be good so that we have goodness in us. All the things that make us good is our integrity. No matter how hard it is to do what’s right, always do the right thing. Integrity goes “Hand in Hand” with courtesy. Behaving with integrity reminds me of an old saying “If you play the game you have to pay the piper”. Act with integrity and goodness and you won’t have to worry about the consequences because “what goes around comes around”. Put goodness out to everyone you meet and talk to and goodness will return to you.